# Urban Farmin DASHBOARD

Healthy Food, Healthy People, Healthy Planet



Tokyo, Japan, worldwide

### Why urban farming? It can:

- Improve your and your family's health and eating habits
- Reduce food costs
- Improve self-sufficiency
- Boost disaster preparedness
- Help protect the environment
- Combat climate change.

→ What's urban farming?

## Jon Walsh, Director

Tokyo-based urban farming consultant and instructor Jon Walsh (Bio) is a leading innovator in the field with global ambitions to build a sustainable future. He has:

- $\checkmark$ Briefed and taught over 1,400 people how to grow healthy food
- Runs urban farming programs, workshops, seminars and events
- Installed 60+ gardens in Tokyo

#### Key projects:

- Grand Hyatt Tokyo garden
- Seisen International School
- Aoba-Japan International School.

#### Find out more:

- Media Kit Experts Profile
- Speaker Profile Vision

## For pre-schools, schools, children & students

We provide programs and workshops on healthy food production for the entire school community. Check out our School Urban Farming Options.

#### **On-site programs** (Tokyo)

- > Beginners > Advanced
- > Seisen International School
- > Tokyo International School
- > Breakfast events and salad lunches

Online workshops (worldwide) Garden installation (Tokyo) Why not donate food like this and this?

### For workplaces

#### **On-site training** (Tokyo)

Workplace urban farming consulting Fast Food Growing Sessions → Event

Check out our events: Social Innovation Japan Pechakucha Lakeland Uni Japan Hackerfarm

Online workshops (worldwide)

Launch a food-based CSR strategy: Food Havens Tokyo → Food donations

Garden installation (Tokyo) Rooftop garden ideas

## **Consulting services**

Customized on-site and online consulting, training and garden set-up

#### For parents / adults

It's never been easier to learn how to grow healthy food! Find what you need below

> We provide urban farming programs, workshops, seminars, lectures, and on-site consulting on healthy food production.

On-site events (Tokyo) - See below

Social Innovation Japan Pechakucha Tokyo Hackerfarm Lakeland University Japan Tokyo American Club NZ Embassy workshop #1 Workshop #2 U.S. Embassy compound Tokyo

Online workshops (worldwide)

**Customized on-site and online** consulting - includes lessons

Garden installation (Tokyo) Rooftop garden ideas

Why not donate food like this and this?

#### Garden installations

Business Grow can install a wide range of in-ground, raised, vertical, rooftop, fence, balcony, and workplace gardens.

- → Garden installation brochure
- → Grand Hyatt Tokyo organic garden

## Resources

- Urban Farming Guide
- Urban Farming Quick Start Pack
- Urban Farming SuperPack Beginners Food Growing Pack
- - Urban Farming Report Pack
  - Food Growing Kits